

CLIENT QUESTIONNAIRE

What is the problem or concern that led you to seek therapy? How long has this been a problem or concern?

What are you expecting from counseling?

Have you sought counseling in the past to address the concerns that brought you here? If so, who did you see and when? Was the counseling helpful or not and why?

CHECK ANY OF THE FOLLOWING THAT OFTEN APPLY TO YOU

- Loss of Control
- Sleep Disturbances
- Repetitive Thoughts
- Use Drugs/Alcohol/Tobacco
- Temper Outbursts
- Eating Problems
- Suicidal Thoughts
- Bullying Behavior
- Procrastination
- Work Too Much
- Suicidal Attempts
- Physically or Verbally Aggressive
- Cry Often
- Can't Keep a Job
- Risky Behavior

Trauma - Circle all that apply and indicate if C - (child) or A - (adult)

Physical Violence _____ Sexual Abuse _____ Domestic Violence _____ Combat _____ Auto Accident _____
Other _____

MEDICAL QUESTIONNAIRE

Who is your Primary Care Physician? _____ Okay to Contact? No Yes

Date of last physical Exam _____ Rate present physical health Good Fair Poor

Do you experience pain No Yes Are you currently treated? No Yes If yes by whom? _____

Allergies? _____

Medication	Frequency	Prescribed by	Length of Use
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

CHECK ANY OF THE FOLLOWING MEDICAL ISSUES THAT APPLY TO YOU

- Diabetes
- High Blood Pressure
- Seizures
- Heart Problems
- Asthma
- Kidneys
- Head Injury
- Weight Management
- Arthritis
- Muscle/Joint Pain
- Headaches
- Stomach Problems
- Fatigue
- Sexual Disturbances
- Numbness
- Immune System
- Memory Difficulties

Other: _____

Major Operations? If yes please explain _____

Hospitalizations? If yes please explain _____

I certify the information provided is true and up to date:

Client Signature

Date