

INITIAL QUESTIONNAIRE FOR CHILD/FAMILY COUNSELING

What is the problem or concern that led you to seek therapy for your child? How long has this been a problem or concern?

Have you sought counseling in the past to address the concerns that brought you here? If so, who did you see and when? Was the counseling helpful or not and why?

Does the problem identified above cause difficulties with other family members? no yes If yes please explain.

Does the problem identified above cause difficulties with your child's peers and or friends? no yes If yes please explain

Does the problem identified above cause difficulties in your child's school or your job? no yes If yes please explain

Has your child experienced trauma? No Yes If yes please specify: Sexual Abuse Physical Abuse Auto Accident
 Domestic Violence (Witness or Participant) Fire (Witness or Involvement In) Gang Activities

CHECK ANY OF THE FOLLOWING FEELINGS AND BEHAVIORS THAT OFTEN APPLY TO YOUR CHILD

- | | | | | | | |
|---|--|--|---|----------------------------------|-------------------------------------|-----------------------------------|
| <input type="checkbox"/> Happy | <input type="checkbox"/> Hopeful | <input type="checkbox"/> Depressed | <input type="checkbox"/> Anxious | <input type="checkbox"/> Bored | <input type="checkbox"/> Helpless | <input type="checkbox"/> Fearful |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Optimistic | <input type="checkbox"/> Annoyed | <input type="checkbox"/> Lonely | <input type="checkbox"/> Panic | <input type="checkbox"/> Conflicted | <input type="checkbox"/> Restless |
| <input type="checkbox"/> Tension | <input type="checkbox"/> Sad | <input type="checkbox"/> Energetic | <input type="checkbox"/> Shameful | <input type="checkbox"/> Relaxed | <input type="checkbox"/> Envious | <input type="checkbox"/> Jealous |
| <input type="checkbox"/> Unhappy | <input type="checkbox"/> Excited | <input type="checkbox"/> Content | <input type="checkbox"/> Excited | <input type="checkbox"/> Guilty | <input type="checkbox"/> Distracted | <input type="checkbox"/> Crying |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Loss of Control | <input type="checkbox"/> Procrastination | <input type="checkbox"/> Lazy | | | |
| <input type="checkbox"/> Sleep Disturbances | <input type="checkbox"/> Odd Behavior | <input type="checkbox"/> Nervous Tics | <input type="checkbox"/> Racing Thoughts | | | |
| <input type="checkbox"/> Temper Outbursts | <input type="checkbox"/> Impulsive Reactions | <input type="checkbox"/> Risky Behavior | <input type="checkbox"/> Eating Problem | | | |
| <input type="checkbox"/> Smoke | <input type="checkbox"/> Excessive Worrying | <input type="checkbox"/> Use Drugs/Alcohol | <input type="checkbox"/> Problems in School | | | |
| <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Suicidal Attempts | <input type="checkbox"/> Withdrawal | <input type="checkbox"/> Trust Issues | | | |
| <input type="checkbox"/> Bullying Behavior | <input type="checkbox"/> Physical Aggressiveness | <input type="checkbox"/> Verbally Aggressive | | | | |

CHECK ANY OF THE FOLLOWING MEDICAL ISSUES THAT APPLY TO YOUR CHILD

- | | | | | | |
|-----------------------------------|--|---------------------------------------|--|------------------------------------|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizures | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Asthma | <input type="checkbox"/> Skin Problems |
| <input type="checkbox"/> Kidneys | <input type="checkbox"/> Weight Management | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Muscle/Joint Pain | <input type="checkbox"/> Headaches | <input type="checkbox"/> Stomach Problems |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Urination/Bowels | <input type="checkbox"/> Tics | <input type="checkbox"/> Sexual Disturbances | <input type="checkbox"/> Nausea | <input type="checkbox"/> Menstrual Problems |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Immune System | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Muscle Spasms | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Ears/Nose/Throat |
- Head Injury? If yes please indicate When _____ How _____
- Major Operations? If yes please explain _____

MEDICAL QUESTIONNAIRE

Who is your child's Primary Care Physician? _____ Okay to Contact? No Yes

Date of last physical Exam _____ Rate present physical health Good Fair Poor

Allergies? _____

Medication	Frequency	Prescribed by	Length of Use
_____	_____	_____	_____
_____	_____	_____	_____

I certify the information provided is true and up to date:

Client Signature _____

Date _____

Client/Parent (Guardian) Signature _____

Date _____

Client Name _____